

June 2021

Monday 31 Main course <ul style="list-style-type: none"> General Tao chicken Spinach lasagna Ham sandwich Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Granola bites Raw vegetables 	Tuesday 1 Main course <ul style="list-style-type: none"> Chinese beef macaroni English muffin with egg and cheese Vegetarian burrito Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Granola bites Raw vegetables 	Wednesday 2 Main course <ul style="list-style-type: none"> Chinese beef macaroni English muffin with egg and cheese Vegetarian burrito Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Apple stewed Raw vegetables 	Thursday 3 Main course <ul style="list-style-type: none"> Parmigiana chicken fillet Rotini with Italian sausage Tofu Tao Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Quinoa/cranberry patty Bread and raw vegetables 	Friday 4 Main course <ul style="list-style-type: none"> Baby shells with meat sauce Chicken fajitas Tomato spinach fritata Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Vanilla pudding Bread and raw vegetables
Monday 7 Main course <ul style="list-style-type: none"> Turkey sausages Sweet and sour meatballs Meat pie dish Vegetarian burrito Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Fresh fruit Cheese 	Tuesday 8 Main course <ul style="list-style-type: none"> Pizza Submarine Spinach/cheese cannelloni Lentil shepherd's pie Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Yogurt Raw vegetables 	Wednesday 9 Main course <ul style="list-style-type: none"> French toast LTS Fantasy meat ravioli with marinara sauce Hamburger steak Traditional shepherd's pie Baked spaghetti/ tomato sauce Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Apple stewed Raw vegetables 	Thursday 10 Main course <ul style="list-style-type: none"> Baked macaroni Italian fillet of sole fish Spinach lasagna Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Vanilla pudding Bread and raw vegetables 	Friday 11 Main course <ul style="list-style-type: none"> Beef burger Chicken Alfredo Marinated tofu chinese style Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Oatmeal/dates patty Raw vegetables
Monday 14 Main course <ul style="list-style-type: none"> Tortellini, rosée sauce Lentil shepherd's pie Ham/cheese quiche Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Granola bites Bread and raw vegetables 	Tuesday 15 Main course <ul style="list-style-type: none"> Chicken nuggets Coucous and lentils with vegetables Meat loaf Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Fresh fruit Cheese 	Wednesday 16 Main course <ul style="list-style-type: none"> 3 cheese macaroni Vegetarian burrito Chicken soya rice and vegetables Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Sunshine cookie (multi-grain) Bread and raw vegetables 	Thursday 17 Main course <ul style="list-style-type: none"> Brunch platter Mexican burritos Spinach lasagna Hamburger steak Traditional shepherd's pie Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Apple stewed Raw vegetables 	Friday 18 Main course <ul style="list-style-type: none"> Spaghetti Bolognese Mini Swedish meatballs Tofu Caesar wrap Traditional shepherd's pie Hamburger steak Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes <ul style="list-style-type: none"> Yogurt Bread and raw vegetables
Monday 21 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Tuesday 22 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Wednesday 23 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Thursday 24 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Friday 25 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes
Monday 28 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Tuesday 29 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Wednesday 30 Main course <ul style="list-style-type: none"> Lasagna with meat sauce Beverages <ul style="list-style-type: none"> Spring water Oasis Juice Milk 2% Desserts & Side Dishes	Thursday 1 	Friday 2

